

*Take at least 2-3
minutes to pray
out loud and
meditate on these
intentions and
scriptures each
day.*



**Quantum Effect
Daily Immune Boost**

*Prayer
Guide*

These are specific intentions and scriptures on the QE Strong Immune patches and cards that **touch** and engage your natural energy system.

Reading these out loud each day uses your **sight, speech, and hearing** to engage multiple senses with prayer and God's Word for immune boosting results.

Monday

I am not moved by the world's opinions. I run to the Lord for my comfort and protection. I trust the Lord to be my protector and deliverer. He is the one who strengthens my immune system to repel all attacks against me.

Psalm 91:2-3: "I will say of the LORD, He is my refuge and my fortress: my God; in him will I trust. Surely, he shall deliver thee from the snare of the fowler, and from the noisome pestilence."

Lord, You are my refuge and I trust in you to deliver me from any pestilence or attacks against my health. In Jesus name, Amen.

Tuesday

My God shields me from any bacteria, virus or pathogens that are attempting to attack and pull down my health. None of those weapons will succeed. Because I trust You, I live in His health.

Psalm 3:3: "But thou, O LORD, art a shield for me; my glory, and the lifter up of mine head."

Serving God has benefits. He is the one who keeps me from the evils in this world. I am kept because I am His and He loves me.

Psalm 91:10: "There shall no evil befall thee, neither shall any plague come nigh thy dwelling."

Father, Thank you for being my strong tower and keeping me safe from evil, plagues or anything that comes by day or night. In Jesus name, Amen.

Wednesday

Whatever the voices in this world are saying, I am safe because my God has promised, and He will be with me and protect me. I will not be destroyed with the wicked. God has redeemed me.

Isaiah 54:17: "No weapon that is formed against thee shall prosper; and every tongue that shall rise against thee in judgment thou shalt condemn. This is the heritage of the servants of the LORD, and their righteousness is of me, saith the LORD."

Lord, I am grateful that your righteousness protects me from all weapons formed against me! In Jesus name, Amen.

Thursday

Whatever is going on in this world, my God is not only able, but is my constant keeper and protector. Therefore, I am not afraid and I live in peace.

Psalm 91:5: "Thou shalt not be afraid for the terror by night; nor for the arrow that flieth by day."

I live a grateful life, because, gratitude and thankfulness to God builds a healthy immune system.

Ephesians 5:20: "Always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ."

Father, Thank you for taking sickness away from me and my house and protecting me so I can live free of fear! In Jesus name, Amen.

Friday

I hide myself in the authority and covenant of God's promises. He is my keeper. I trust in the name that is above all others. I am safe from evils plan to destroy me. My God stands between me and the plans of the enemy.

Proverbs 18:10: "The name of the LORD is a strong tower; the righteous runneth into it, and is safe."

Father, I run to you for safety. Thank you for being my strong tower! In Jesus name, Amen.

Saturday

Because I serve God, I speak blessings with thanks over what I eat and drink. The blessing of God on my food and drink causes my body to function in health. All sickness has to leave me because God has spoken to it by His promises.

Exodus 23:25: "And ye shall serve the LORD your God, and he shall bless thy bread, and thy water; and I will take sickness away from the midst of thee."

Lord, Thank you for blessing my food and water as I worship and serve you. In Jesus name, Amen.

Sunday

Because God has promised to shield and protect me, I rejoice with gratitude and worship to Him. Who is like Him? Thank you God. You are amazing in your love and protection for me.

Psalm 28:7: "The LORD is my strength and my shield; my heart trusted in him, and I am helped: therefore my heart greatly rejoiceth; and with my song will I praise him."

My Father in Heaven gave His son to redeem and restore me. His blood was shed for me to have life abundantly. My blood remains clean and healthy, dealing with all unwanted invaders, because I am continually cleansed from all the unhealthy effects of this world.

Leviticus 17:11: "For the life of the flesh is in the blood."

Father, I will praise you for being my strength and my shield and giving me clean and healthy blood. In Jesus name, Amen.

Amen!

