Take at least 2-3 minutes each day to pray out loud and meditate on these intentions

and scriptures.





# Quantum Effect Daily Pain



Guide

These are the specific intentions and scriptures on the QE Strong Pain patches and cards that touch and engage your natural energy system.

This guide helps you use your sight, speech and hearing to enhance the process of using God's Words for your healing!

## Monday:

Thank you, Father, for knowing I need you and coming to rescue and deliver me from this pain.

**Psalm 147:3:** "He heals the brokenhearted and binds up their wounds."

Lord, I know that this too will pass because you said it would!

**2 Cor. 4:17:** "For momentary, light affliction is producing for us an eternal weight of glory far beyond all comparison."

Thank you Lord! In Jesus name I pray. Amen.

## Tuesday:

Father, I do hope beyond this present pain. I hope for the day of complete freedom from limitations and pain because of your promise to live a life free of pain.

Jeremiah 29:11: "For I know the plans I have for you says the Lord, plans to prosper you and not to harm you, plans to give you a future and a hope." Lord, I call on you because you are my God and I know you will rescue me. Thank you.

**Psalm 50:15:** "Call upon Me in the day of trouble; I shall rescue you, and you will honor Me." I call on you! In Jesus name I pray. Amen

Wednesday:

I do love the Lord and I rest in His promise that He will rescue me.

**Psalm 91:14:** "Because he loves me," says the Lord, I will rescue him; I will protect him, for he acknowledges my name."

**Psalm 50:15:** "Call upon Me in the day of trouble; I shall rescue you, and you will honor Me." Rescue me Lord! In Jesus name I pray. Amen.

Thursday:

Father thank you that you have all power over every disease and sickness. I call on you to deliver me and heal me.

Matt. 4:23: "Jesus went throughout Galilee healing every disease and sickness among the people." In Jesus name, the great healer! Amen.

Friday:

Lord thank you for your promise of help and strength. Thank you for supporting me while I wait on you for complete deliverance and restoration from my afflictions.

**Isaiah 41:10:** "Do not fear, for I am with you; do not anxiously look about you, for I am your God. I will strengthen you, surely, I will help you, surely, I will uphold you with My righteous right hand."

I will not fear! In Jesus name I pray. Amen.



### Saturday:

Father as I receive your comfort and await your complete deliverance, help me have compassion on others.

**2 Cor. 1:3:** "Praise be to God who comforts us in all our trouble so we can comfort others." I will not grow weary and lose heart.

Hebrews 12:3: "Do not grow weary and lose heart." Use me Lord! In Jesus name I pray. Amen.

### Sunday:

Lord you are my deliverer, and even though I feel crushed and broken, my hope for complete deliverance is in you alone. You are my God and will not abandon me in my troubles.

**Psalm 34:17-19:** "The righteous cry, and the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves those who are crushed in spirit. Many are the afflictions of the righteous, but the Lord delivers him out of them all."

You deliver me! In Jesus name I pray. Amen.